



18th ASIAN GAMES
**Jakarta
Palembang
2018**

MEDICAL SERVICES MANUAL



MEDICAL SERVICES

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ORGANIZATION

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ABOUT THE MEDICAL SERVICES MANUAL

This Publication outlines policies and provides information relating to medical services for the 18th Indonesia Asian Games 2018.

All medical service policies have been designed under the guidance of the Chairman of the OCA Medical Committee and in accordance with the requirements according to the “OCA guidelines for Medical Services and Anti-Doping Program for the Asian Games”.

The medical services consist of follows:

- Provision of medical services for athletes in competition and training venues
- Polyclinic set up in the athletes' village
- Provision of medical services for the OCA family members, spectators, accredited media and staff members in competition venues
- Medical stations set up in important non-competition venues including the headquarters and other designated games hotel and the entry points for arrival and departure
- A network of designated hospitals set up to provide emergency services, emergency transfer services in the venues and necessary inpatient services for Games Family or ticket holders
- A monitoring network for communicable diseases set up to provide comprehensive public health services
- Development of various contingency plans to respond to public health incidents

The manual is intended to be a useful resource for medical professionals involved with the Asian Games.

I. Registration for NOC Team Physicians

A. NOC Team Physician Registration

Team physicians of all delegations must complete registration in accordance with the requirements outlined in the Chef de Mission Dossier for the 18th Indonesia Asian Games 2018 before being eligible to provide medical services for members of their delegations during the Games. NOCs must register team physicians accompanying their delegations for the provision of prompt medical care to delegation members. All NOC team physicians must hold a medical license obtained in accordance with the laws of their home country. NOCs must submit a duly signed and completed form, together with the NOC Medical Agreement Form and a copy of their physician's medical license, to INASGOC by 9 May 2018. (Copies of medical licenses in languages other than English must be accompanied by an official English translation.)

B. Medical Malpractice Insurance for Healthcare Practitioners Accompanying NOC Delegations

INASGOC assumes no responsibility for medical services provided by healthcare practitioners accompanying NOC delegations, nor will it provide insurance to cover malpractice claims or damage/loss arising from disputes involving NOC team physicians or other healthcare practitioners, nor will it become involved in any legal disputes that may arise between any parties. It is the responsibility of each NOC to secure malpractice/liability insurance. Accordingly, INASGOC strongly advises NOCs to purchase appropriate insurance for their team physicians and other healthcare practitioners through their insurance agent.

C. NOC Medical Agreement

NOC Presidents or Chefs de Mission must sign and return NOC Medical Agreement Forms confirming that their NOC physicians and other healthcare practitioners are authorized to provide medical services to team members

during the Games with proper medical liability insurance coverage, and ensuring that each medical practitioner accompanying the delegation will assume full responsibility for any medical services provided. The NOC Medical Agreement Form must be signed and submitted on the premise that the NOC will be responsible for any medical practice performed by its physician(s) and other healthcare practitioners. All NOCs must return the completed NOC Medical Agreement Form and NOC Team Physician Registration Form to INASGOC by 9 May 2018.

II. Import / Export of Medication and Medical Equipment

Drugs, quasi-drugs and medical equipment may be brought into Indonesia for athletes and other team members only when prior approval is obtained via submission of the prescribed forms included with the Chef de Mission Dossier. As a general rule, any medication prohibited by law in Indonesia, such as narcotics and psychotropic drugs, may not be brought into Indonesia.

To obtain prior approval for the import of medication (drugs and/or quasi-drugs) and/or medical devices into Indonesia, two (2) copies of the application for Medication and Medical Equipment to be brought into Indonesia”, must be submitted to INASGOC by 9 May 2018. Once the application is approved, INASGOC will send a confirmation letter for the importation of medication and medical equipment in June 2018 to the relevant NOCs. Medication and medical devices approved for import into Indonesia must be used solely by athletes or other members of the relevant team, and must not be shared with other NOC teams.

A. Procedures

Guidance on importing and exporting medication and medical equipment is provided below.

i. Import

Medication and medical equipment should be brought in carry-on or check-in baggage. To facilitate customs checking of imported goods, delegations are advised to pack medication and medical devices separately, and should present the confirmation letter for the importation of medication and medical devices at customs upon entry into Indonesia.

ii. Export

Before NOC delegations leave Indonesia, NOCs must submit a “Medication and Medical Equipment to be brought into Indonesia” list indicating the

status of use of imported medication and medical equipment to the clinics at the Athletes' Village. Any unused medication and medical equipment must be disposed or taken back to the home country in carry-on or check-in baggage within a week after the Games end.

iii. Storage

Delegations are responsible for storing their own medications and medical equipment and ensuring that their use is limited to their own delegation. INASGOC is not responsible for the storage of delegations' medication and medical equipment.

iv. Prohibited Medication and Medical Equipment

Athletes and other delegation members may not bring prohibited drugs, such as methamphetamine and cannabis, or controlled drugs, such as narcotics, into Indonesia. (However, athletes may bring personal prescription drugs, including narcotics, into the country as personal belongings with separate permission.)

For information on prohibited medication and medical devices, contact the relevant party below.

III. Medical Space in Delegation Residences

An appropriate medical space will be provided to each NOC based on the delegation size with a table, chairs, locked medicine cabinet (document cabinet), treatment table and clinical waste bin. Registered team physicians may provide medical services for their own delegations in these spaces.

IV. Prescription of Medication and Medical Supplies from Physicians

Team physicians will be provided facilities to prescribe medications in the games pharmacy list to their own team members.

Medications not included on the pharmacy list will not be provided. Teams are advised to bring sufficient quantities of necessary items, such as dressings and sterilized gauze, for individuals with chronic conditions to cover usage during their stay in Indonesia. In the event of any disagreement between team physicians and INASGOC physicians, the view of the latter shall prevail.

V. Therapeutic Use Exemption (TUE)

For information on Therapeutic Use Exemption (TUE), refer to page 14 to 20 the Doping Control Manual.

VI. Medical Fee Policy

When AGIAC holders (OCA Family members, VIP guests, technical officials, delegation members and NOC guests) suffer from acute injuries or acute diseases or acute exacerbations of chronic conditions may receive free treatment at clinics in Athletes' Hotels, Medical rooms in venues, and official designated hospitals if patients are referred by INASGOC physicians.

Non-essential medical care and elective medical treatment are not covered. Treatments of a chronic condition unless there is an acute exacerbation or complication and a chronic dental problem are not included in free medical treatment. However, AGIAC holders may receive free medical treatment if unexpected exacerbation of chronic conditions and urgent dental problems arise.

The period of free medical services for the Chef de Mission or their authorized representatives attending the delegation registration meeting shall be from the date of arrival until the official closing of the Athletes' Village. The period of free medical services for other accredited persons shall be from the opening date of Athletes' Village till its closing. INASGOC is not responsible for the fees for medical services outside the above mentioned periods and it is suggested that NOCs to purchase the relevant medical insurance for cover outside of these periods if needed.

VII.Quarantine and Vaccinations

Individuals with symptoms including high fever, coughing and diarrhea upon arrival should speak to a quarantine officer.

Once symptoms are reported to quarantine, further medical check-ups will be performed by a quarantine officer or a physician, and any other necessary steps will be taken. Individuals suspected of having any of the infectious diseases listed below* based on the results of medical check-ups and similar will be required to undergo further medical examination. Anybody found to be suffering from one of these conditions may be hospitalized at a designated medical institution for infectious diseases.

It is recommended to take any necessary action and precaution related to each delegate's health measurement.

*Ebola hemorrhagic fever, Crimean-Congo hemorrhagic fever, smallpox, South American hemorrhagic fever, Plague, Marburg disease, Lassa fever, new strains of influenza or other infectious diseases, Avian Influenza (H5N1 or H7N9), Middle East Respiratory Syndrome (MERS), Dengue fever, Chikungunya fever, Malaria, Zika fever.

VIII. On-Site Medical Services

A. Medical Clinics

Policlinics at the Athletes' Village in Jakarta and Palembang will have operational hour from 08:00 a.m. and 10 p.m. every day. Outside the operational hour, there will be on-site medical personnel on standby for necessary emergency action.

Physicians, nurses and physiotherapists will play key roles in providing appropriate treatment in response to general consultations and emergencies. Patients for whom a physician deems further examination, specialist consultation or in-patient treatment necessary will be transferred to a designated hospital accompanied by the team physician or another delegation member if possible. In both Jakarta and Palembang, 24-hour emergency services and transfers to designated hospitals will be available to AGIAC holders.

In addition to clinical services, the following forms of physiotherapy will be provided at the discretion of INASGOC physicians to support the maintenance of activity and conditioning:

- Cold therapy
- Heat therapy
- Electrotherapy
- Ultrasound
- Laser
- Exercises
- Stretching
- Mobilization
- Therapeutic massage
- Taping

Note: Medication and medical supplies such as athletic tape in the physiotherapy room will be prescribed exclusively by INASGOC physicians.

B. Competition Venues

Competition venues will have separate medical stations for athletes and spectators.

i. Medical Services for Athletes

Competition venues will have a medical room providing on-site first-aid treatment staffed by a doctor and allied personnel and ambulance transport for athletes and other AGIAC holders accredited to access the rooms. The medical rooms will be open from an hour before competition starts to an hour after it ends. During the official training period, they will be open from half an hour before official training sessions start to an hour after they end. Patients with acute conditions for whom an on-site physician deems further diagnosis and treatment necessary after on-site treatment will be transferred by ambulance to a referral hospital.

ii. Medical Services for Spectators

First-aid rooms for spectators will be open from the start to the end of competition. At sites which are clearly sign posted.

iii. Training Venues

The medical personnel in training venues will be on-call. Physiotherapy is available in the training venues.

C. Non-Competition Venues

i. Headquarter Hotel and Main Media Centre

The OCA Headquarter Hotel, the other main designated games hotels and the Main Media Centre will each have a medical room for the provision of first-aid treatment and emergency services. The medical room in the OCA

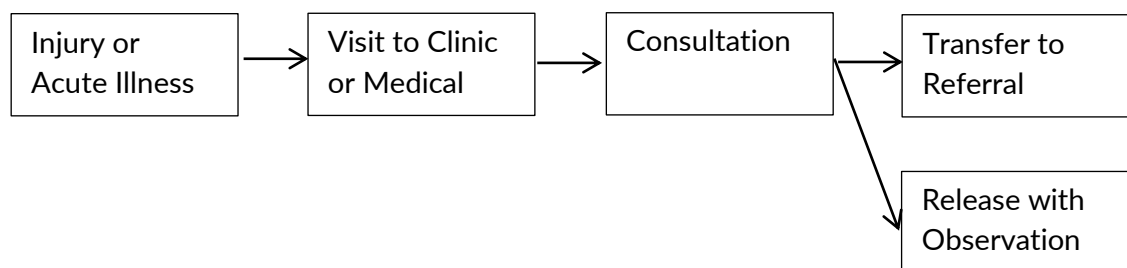
Headquarter Hotel will be open from 8:00 a.m. to 10:00 p.m., and that in the Main Media Centre will be open for 24 hours. On-site hospital transport services will be available around the clock.

ii. Opening and Closing Ceremony

The opening and closing ceremony venues will have a medical room for the provision of medical services to athletes, other NOC delegation members, INASGOC staff, special guests and spectators. These facilities will be staffed by a physician, a nurse and other medical support staff, and will provide on-call services for ambulance transport. Patients with acute or severe conditions will be transferred by ambulance to a designated hospital for further diagnosis and treatment after on-site treatment. An emergency medical system for unexpected situations and accidents will also be in place.

IX. Designated Hospitals

The 18th Asian Games Jakarta – Palembang 2018 will have approximately 21 designated hospitals with which INASGOC will work to assist AGIAC holders requiring immediate care or consultation services for severe disease or injury. Patients should first consult an INASGOC physician to receive a referral letter for transfer to and free medical services at a designated hospital. The flowchart below shows the referral/transfer process.



X. Disorders of Sex Development (DSD)

INASOC will take all necessary measures to support testing for disorders of sex development (DSD) in collaboration with the OCA Medical Committee and the Anti-Doping Commission. In determining the need for such testing and the procedures to be followed, INASGOC will observe the regulations and procedures established by the OCA.

XI. Collection of Medical Information

During the Games, all medical data and situational information from medical clinics and rooms will be collected as medical records for submission to the medical command centre. All medical information will be reported to the OCA MC&ADC, and will be analysed and announced. By receiving medical services during the Games, patients agree to allow INASGOC access to records related to any medical treatment provided for injury or illness.

XII. Public Health

INASGOC will collaborate with quarantine and public health centre staff in relation to the management of individuals who have or are suspected of having communicable diseases based on epidemic information provided by WHO and the National Institute of Infectious Diseases.

Any symptoms or signs of communicable diseases that begin and worsen before arriving individuals pass through immigration upon arrival at airports in Indonesia must be reported to quarantine.

Anybody who is found to have or is suspected of having a communicable disease after entry to Indonesia will undergo a medical examination at a clinic in an Athletes' Village or Medical Station in its respective residential area. Treatment may depend on symptoms and diagnosis; transfer to a medical institute, isolation and/or hospitalization may necessary based on judgment made in collaboration with the public health centre.

XIII. Smoking Policy

Smoking is prohibited indoors and outdoors of the surroundings building (except in designated smoking areas).

XIV. Medication List

Drugs on the medication list are arranged in line with pharmacological/therapeutic classification.

The following medical list is included:

- Generic drug name
- Brand
- Available form: strength and formulation
- Indications: Common indications are included, although the drug may be used for other medically justified purposes.
- Dosage: The usual recommended dose for a healthy adult with normal renal and liver function is included.
- Side effects: The most common side effects are listed for each drug.
- Status: All substances are classified as Permitted or Prohibited. (Medication status information on the list is accurate and up-to-date as of publication. However, the WADA Code issued in January 2018 should be referenced.)

- Drug :** Lidocaine Hydrochloride Monohydrate

Brand : XYLOCAINE INJECTION POLYAMP 1%

Available product(s) in Indonesia: Generik-Lidokain Injeksi 2% (PT Phapros Tbk.), Xylocaine jelly 2% (PT Astra Zeneca)

Available form : 50mg/5mL/A, 100mg/10mL/A

Indication : Local anesthetics

Dosage:

 - surface or topical anesthesia : 2-20mL. Standard Maximum 20mL/time.

Side Effects : shock, high fever, convulsion, dizziness, rash, sleepiness, numbness, vomiting, etc.

Status : Not Prohibited
- Drug :** Chlorhexidine Gluconate

Brand : 5% HIBITANE

Available product(s) in Indonesia: Fectin (Pharos), Mediscrub (Medikon Prima Laboratories)

Available form : 500mL/bottle

Indication : Antimicrobial agents (Hand sanitizer)

Dosage :

 - disinfection of finger/skin: medicine diluted 10 - 50 times (0.1-0.5%)
 - disinfection of skin of surgery site (surgical field), medical devices: medicine diluted 10 - 50 times (0.1-0.5 %)
 - disinfection wound site of skin, operating room/hospital room/furniture/tools/items: diluted 100 times (0.05%)

Side Effects : rash, hives, etc.

Status : Not Prohibited
- Drug :** Povidone-Iodine

Brand : ISODINE SOLUTION 10%

Available product(s) in Indonesia: Septika Lar (IkaPharmindo), Betadine (PT Mahakam Beta Farma), Asepta (Konimex), Corsasep (Corsa Farma)

Available form : 250mL/bottle

Indication : Antimicrobial agents (Disinfection)

Side Effects : itch, burning sensation, rash, etc.

Status : Not Prohibited

- **Drug :** Chlorhexidine Gluconate

Brand : HIBISCOHOL A 1%

Available product(s) in Indonesia: Fectin (Pharos), Mediscrub (Medikon Prima Laboratories)

Available form : 500mL/bottle

Indication : Antimicrobial agents (Hand sanitizer)

Dosage :

- disinfection of finger/skin: apply an appropriate amount of lotion several times a day.

Side Effects : rash, hives, irritative symptoms, etc.

Status : Not Prohibited

- **Drug :** Sodium Chloride, Potassium Chloride, Calcium Gluconate Hydrate, Magnesium Chloride, Anhydrous Sodium Acetate, Sodium Citrate Hydrate, Glucose

Brand : PHYSIO 140 INJECTION (1%Glucose and Acetated Ringer's Injection)

Available product(s) in Indonesia: Asering-Generik *softbag* and *plabot* (PT Otsuka Indonesia), Ringerfundin-Generik (PT Phapros Tbk), Ringer Acetat (PT Kalbe farma)

Available form : 500mL/bag

Indication : Blood substitutes

Dosage : intravenous infusion : 500-1000mL/dose.

Side Effects : ST-segment depression, arrhythmia, etc.

Status : Not Prohibited

The intravenous infusion or injection of more than 50 mL/ 6 hours of any substance is a prohibited method unless it is received during a hospital admission, a surgical procedure, or a clinical investigation, even if the substance itself is not prohibited.

- **Drug :** Sodium Chloride, Potassium Chloride, Calcium Chloride Hydrate, Sodium L-Lactate, Maltose Hydrate

Brand : POTACOL R INJECTION (Lactated Ringer's Injection with 5%Maltose)

Available product(s) in Indonesia: Ringer Laktat-Generik (PT Widatra Bhakti), Lactated Ringer's Euro-Med & Dextrose in Lactated Ringer's Euro-Med (Euro-Med)

Available form : 500mL/bag

Indication : Blood substitutes

Dosage : intravenous infusion : 500-1000mL/dose.

Side Effects : anaphylactic shock, hypersensitivity (rash, itching), etc.

Status : Not Prohibited

The intravenous infusion or injection of more than 50 mL/ 6 hours of any substance is a prohibited method unless it is received during a hospital admission, a surgical procedure, or a clinical investigation, even if the substance itself is not prohibited.

- **Drug :** Betamethasone Sodium Phosphate

Brand : RINDERON INJECTION 2mg (0.4%)

Available product(s) in Indonesia: Celestone (PT Merck Sharp & Dohme)

Available form : Betamethasone 2mg/0.5mL/A

Indication : Adrenal hormone preparations (Glucocorticoids)

Side Effects : adrenocortical hypofunction, intraocular pressure, full moon face, etc.

Status : In Competition: Prohibited (Glucocorticoids (S9))

Out of Competition: Not prohibited

The intravenous infusion or injection of more than 50 mL/ 6 hours of any substance is a prohibited method unless it is received during a hospital admission, a surgical procedure, or a clinical investigation, even if the substance itself is not prohibited.

- **Drug :** Betamethasone Sodium Phosphate

Brand : RINDERON INJECTION 4mg(0.4%)

Available product(s) in Indonesia: Celestone (PT Merck Sharp & Dohme)

Available form : Betamethasone 4mg/1mL/A

Indication : Adrenal hormone preparations (Glucocorticoids)

Side Effects : adrenocortical hypofunction, intraocular pressure, full moon face, etc.

Status : In Competition: Prohibited (Glucocorticoids (S9))

Out of Competition: Not prohibited

The intravenous infusion or injection of more than 50 mL/ 6 hours of any substance is a prohibited method unless it is received during a hospital admission, a surgical procedure, or a clinical investigation, even if the substance itself is not prohibited.

- **Drug :** Thiamine Disulfide Phosphate (V.B1 derivative), Pyridoxine Hydrochloride (V.B6), Cyanocobalamin (V.B12)

Brand : VITAMEDIN FOR INTRAVENOUS INJECTION

Available product(s) in Indonesia: None

Suggestion(s): Vitamedin for Injection (Hing AH Pharma)

Indication : Multivitamin preparations

Dosage :

- 1 vial dissolved in 20mL Saline (Glucose or Water for Injection) /day by i.v or i.v drip infusion.

Side Effects : rash, itching, nausea, vomiting, shock, etc.

Status : Not Prohibited

The intravenous infusion or injection of more than 50 mL/ 6 hours of any substance is a prohibited method unless it is received during a hospital admission, a surgical procedure, or a clinical investigation, even if the substance itself is not prohibited.

- **Drug :** Monoammonium Glycyrrhizinate, Glycine, L-Cysteine Hydrochloride Hydrate

Brand : STRONGER NEO-MINOPHAGEN C INJECTION 20mL

Available product(s) in Indonesia: SNMC (PT Dexa Medica)

Available form : 20mL/A

Indication : Liver disease agents, Miscellaneous

Dosage :

- injection: 5-20mL/day.
- for chronic hepatic diseases: 40-60mL/day by i.v or i.v drip infusion. Within the limit of 100mL/day.

Side Effects : decrease in serum potassium, increase in blood pressure, rash, etc.

Status : Not Prohibited

The intravenous infusion or injection of more than 50 mL/ 6 hours of any substance is a prohibited method unless it is received during a hospital admission, a surgical procedure, or a clinical investigation, even if the substance itself is not prohibited.

- **Drug** : Monoammonium Glycyrrhizinate, Glycine, L-Cysteine Hydrochloride Hydrate

Brand : STRONGER NEO-MINOPHAGEN C INJECTION 5mL

Available product(s) in Indonesia: SNMC (PT Dexa Medica)

Available form : 5mL/A

Indication : Liver disease agents, Miscellaneous

Dosage :

- injection: 5-20mL/day.
- for chronic hepatic diseases: 40-60mL/day by i.v or i.v drip infusion. Within the limit of 100mL/day.

Side Effects : decrease in serum potassium, increase in blood pressure, rash, etc.

Status : Not Prohibited

The intravenous infusion or injection of more than 50 mL/ 6 hours of any substance is a prohibited method unless it is received during a hospital admission, a surgical procedure, or a clinical investigation, even if the substance itself is not prohibited.

- **Drug** : Adrenaline (Epinephrine)

Brand : EPIPEN 0.3mg

Available product(s) in Indonesia: Epinefrin-Generik (PT Ethica Industri Farmasi), Phinev (PT Phapros)

Available form : 1 unit

Indication : Adrenal hormone preparations

Dosage :

- injection: recommended dose is 0.01mg/kg. Inject 0.15mg or 0.3mg intramuscularly in accordance with your body weight. ≥ 30 kg body weight, EPIPEN 0.3mg intramuscularly.

Side Effects : palpitations, headache, dizziness, anxiety, tremor, hypersensitivity, nausea/vomiting, hot flashes, sweating, etc.

Status : In Competition: Prohibited (Stimulants (S6))

Out of Competition: Not prohibited

- **Drug** : Sodium Chloride

Brand : ISOTONIC SODIUM CHLORIDE SOLUTION 20mL 「CMX」

Available product(s) in Indonesia: Futrolit (PT Sanbe Farma)

Available form : 20mL/A

Indication : Blood substitutes

Dosage :

- injection use : 20-1000mL. Use an appropriate volume as a diluent for parenteral agents for intravenous administration.

Side Effects : (Large dose and rapid administration) electrolyte abnormalities, congestive heart failure, edema, acidosis, etc.

Status : Not Prohibited

The intravenous infusion or injection of more than 50 mL/ 6 hours of any substance is a prohibited method unless it is received during a hospital admission, a surgical procedure, or a clinical investigation, even if the substance itself is not prohibited.

- **Drug** : Nifedipine

Brand : ADALAT CAPSULES 10mg

Available product(s) in Indonesia: Nifedipin-Generik 10mg (PTDexa Medica, Adalat Oros 20 (PT Bayer Indonesia), Nifedin 10mg (PTSanbe Farma)

Available form: 10mg/C

Indication: Vasodilators (Calcium channel blocker)

Dosage: take 1 capsule (10mg) at a time, 3 times daily.

Side Effects: facial flush, headache, dizziness, palpitations, hypotension, edema, rash, itch, etc.

Status: Not Prohibited

- **Drug:** Amlodipine Besilate

Brand : AMLODIN TABLETS 5mg

Available product(s) in Indonesia: Amlodipin-Generik 5mg (PT Pertiwi Agung), Amlodipin OGB Medikon (PT medikon)

Available form : 5mg/T

Indication : Vasodilators (Calcium channel blocker)

Dosage :

- hypertension: take 0.5 - 1 tablet (2.5 - 5mg) /day. Maximum 10mg/day.
- angina: take 1 tablet (5mg) /day.

Side Effects : edema, glow (heat sensation, glow on the face, etc.), dizziness, lightheadedness, headache, dull headache, palpitation, rash, itch, hives, etc.

Status : Not Prohibited

- **Drug :** Cefcapene Pivoxil Hydrochloride Hydrate

Brand : FLOMOX TABLETS 100mg

Available product(s) in Indonesia: None

Suggestion(s): Flomox (Shionogi Seiyaku), Cefcapene Pivoxil Hydrate CH (Choisedo Pharmaceutical)

Available form : 100mg/T

Indication : Acting mainly on gram-positive and gram-negative bacteria

Dosage : take 1 tablet (100 mg) at a time, 3 times daily.

Side Effects : rash, hives, itch, redness, erythema, swelling, fever, joint pain, diarrhea, pain in stomach, nausea, etc.

Status : Not Prohibited

- **Drug :** Cefdinir

Brand : CEFZON CAPSULES 100mg

Available product(s) in Indonesia: Nircef (PT Dexa Medica)

Available form : 100mg/C

Indication : Acting mainly on gram-positive and gram-negative bacteria

Dosage : take 1 capsule (100mg) at a time, 3 times daily.

Side Effects : rash, urticaria, itch, fever, oedema, erythema, diarrhea, abdominal pain, stomach discomfort, etc.

Status : Not Prohibited

- **Drug** : Levofloxacin Hydrate

Brand : CRAVIT TABLETS 500mg

Available product(s) in Indonesia: Levofloksasin-Generik Tab (PT Novell Pharmaceuticals), Cravit (Daichi/PT Kalbe farma), Levofloxacin OGB (PT Dexa Medica)

Available form : 500mg/T

Indication : Synthetic antibacterials (Quinolones)

Dosage : take 1 tablet (500 mg) at a time, once a day.

- typhoid and paratyphoid: take one tablet (500 mg) at a time, once a day for 14 days.

Side Effects : rash, insomnia, dizziness, headache, nausea, vomiting, diarrhea, abdominal discomfort, abdominal pain, etc.

Status : Not Prohibited

- **Drug** : Faropenem Sodium Hydrate

Brand : FAROM TABLETS 200mg

Available product(s) in Indonesia: None

Suggestion(s): Farobact (Cipla), Orpenem (Macleods), Farom (Maruho)

Available form : 200mg/T

Indication : Acting mainly on gram-positive and gram-negative bacteria

Dosage : take 150-300mg at a time, 3 times a day.

Side Effects : abdominal pain, stools loose, rash, vomiting, etc.

Status : Not Prohibited

- **Drug** : Loxoprofen Sodium Hydrate

Brand : LOXONIN TABLETS 60mg

Available product(s) in Indonesia: None

Suggestion(s): Unastin (Mylan Seiyaku), Nobfen (Sandoz), Loxot (Nisshin Pharmaceutical)

Available form : 60mg/T

Indication : Antipyretics and analgesics, anti-inflammatory agents (NSAIDs)

Dosage :

- inflammation/pain associated with rheumatoid arthritis, osteoarthritis, low back pain, frozen shoulder, neck-shoulder-arm syndrome, toothache, or inflammation/pain after surgery, injury or tooth extraction: take 1 tablet (60 mg) at a time, 3 times a day.
- fever and pain caused by acute upper respiratory tract inflammation: take 1 tablet (60 mg) at a time as needed.

Side Effects : rash, itch, hives, fever, abdominal pain, nausea, peptic ulcer, heartburn, sleepiness, anemia, edema, etc.

Status : Not Prohibited

- **Drug : Diclofenac Sodium**

Brand : VOLTAREN TABLETS 25mg

Available product(s) in Indonesia: Natrium Diklofenak 25mg-Generik (PT Phapros Tbk), Voltaren (PT Novartis), Volten (PT Promed)

Available form : 25mg/T

Indication : Antipyretics and analgesics, anti-inflammatory agents (NSAIDs)

Dosage :

- pain/inflammation: take 3 - 4 tablets (75 - 100 mg) a day in 3 divided dose.
- acute upper respiratory tract inflammation: take 1 - 2 tablets (25 - 50mg) at a time, as needed. Daily dose is limited to 2 times. Maximum 4 tables (100mg) a day.

Side Effects : stomach discomfort, loss of appetite, nausea, vomiting, stomachache, abdominal pain, diarrhea, stomatitis, edema, rash, etc.

Status : Not Prohibited

- **Drug : Acetaminophen**

Brand : CALONAL TABLETS 200mg

Available product(s) in Indonesia: Ikacetamol (PT Ikapharmindo), Itamol (PT Berlico Mulia Farma)

Available form : 200mg/T

Indication : Antipyretics and analgesics, anti-inflammatory agents

Dosage :

- pain relief (headache, low back pain, toothache, osteoarthritis, etc.) : take 1.5 - 5 tablets (300 - 1,000 mg) at a time. The maximum daily dose is up to 20 tablets (4,000 mg).
- antipyresis and pain relief in acute upper respiratory inflammation: take 1.5 - 2.5 tablets (300 - 500 mg) at a time as needed. The maximum daily dose is up to 7.5 tablets (1,500 mg).
- antipyresis and pain relief in pediatric diseases: take 10 - 15 mg/kg body weight at a time. The maximum daily dose is up to 60 mg/kg of the body weight.

Side Effects : hypersensitivity (eruption), vomiting, loss of appetite and decrease of platelet function (prolongation of bleeding time), etc.

Status : Not Prohibited

- **Drug :** Celecoxib

Brand : CELECOX TABLETS 100mg

Available product(s) in Indonesia: Celebrex (PT Pfizer)

Available form : 100mg/T

Indication : Antipyretics and analgesics, anti-inflammatory agents (COX-2 Inhibitor)

Dosage :

- rheumatoid arthritis: take 1 - 2 tablet/s (100 - 200 mg) at a time, twice daily.
- osteoarthritis, low back pain, periartthritis scapulohumeralis, neck, shoulder and arm syndrome or tendonitis/tenosynovitis: take 1 tablet (100 mg) at a time, twice daily.
- after operation, traumatic injuries or tooth removal: take the initial dose of 4 tablets (400 mg) , and subsequently take 2 tablets (200 mg) at a time, twice daily.

- taken as needed: take the initial dose of 4 tablets (400 mg) and subsequently take 2 tablets (200 mg) at a time. The daily maximum dosing should be 2 times.

Side Effects : abdominal pain, stomatitis, diarrhea, nausea, rash, etc.

Status : Not Prohibited

- **Drug** : Diclofenac Sodium

Brand : VOLTAREN SUPPO 50mg

Available product(s) in Indonesia: Voltaren Suppo 50mg (PT Novartis)

Available form : 50mg/suppo

Indication : Antipyretics and analgesics, anti-inflammatory agents (NSAIDs)

Dosage : Insert a 1/2 - 1 suppository (25 - 50 mg) at a time, 1-2 times (25-100mg) /day.

Side Effects : diarrhea, soft stool, abdominal pain, abdominal discomfort, anal region (irritation, etc.), dizziness, edema, rash, etc.

Status : Not Prohibited

- **Drug** : Felbinac

Brand : SELTOUCH TAPE 70mg

Available product(s) in Indonesia: None

Suggestion(s): Seltouch Tape (Teikoku Seikaku)

Available form : 70mg/sheet (10cm×14cm)

Indication : Analgesics, anti-itchings, astringents, anti-inflammatory agents (NSAIDs)

Dosage : apply to an affected area twice a day.

Side Effects : dermatitis (rash, eczema), itch, redness, contact dermatitis, stimulating feeling, blister, etc.

Status : Not Prohibited

- **Drug** : Felbinac

Brand : SELTOUCH PAP 140mg

Available product(s) in Indonesia: None

Suggestion(s): Seltouch (Teikoku Seikoku)

Available form : 140mg/ sheet (14cm×20cm)

Indication : Analgesics, anti-itchings, astringents, anti-inflammatory agents (NSAIDs)

Dosage : apply to the affected area twice a day.

Side Effects : dermatitis (rash, eczema), itch, redness, contact dermatitis, stimulating feeling, blister, etc.

Status : Not Prohibited

- **Drug :** Ketoprofen

Brand : MOHRUS TAPE 20mg

Available product(s) in Indonesia: none

Suggestion(s): Mohrus Tape (Hisamitsu Pharmaceutical)

Available form : 20mg/sheet (7cm×10cm)

Indication : Analgesics, anti-itchings, astringents, anti-inflammatory agents (NSAIDs)

Dosage : apply to the affected area once a day.

Side Effects : contact dermatitis, palpitation, swelling, blister, hives, etc.

Status : Not Prohibited

- **Drug :** Ketoprofen

Brand : MOHRUS TAPE L 40mg

Available product(s) in Indonesia: None

Suggestion(s): Mohrus Tape (Hisamitsu Pharmaceutical)

Available form : 40mg/sheet (10cm×14cm)

Indication : Analgesics, anti-itchings, astringents, anti-inflammatory agents (NSAIDs)

Dosage : apply to the affected area once a day.

Side Effects : contact dermatitis, palpitation, swelling, blister, hives. etc.

Status : Not Prohibited

- Drug :** Loxoprofen Sodium Hydrate

Brand : LOXONIN TAPE 100mg

Available product(s) in Indonesia: None

Suggestion(s): Loxonin Tape (Daiichi Sankyo)

Available form : 100mg/sheet (10cm×14cm)

Indication : Analgesics, anti-itchings, astringents, anti-inflammatory agents (NSAIDs)

Dosage : apply to the affected area once daily.

Side Effects : itch, erythema, contact dermatitis, gastric discomfort, etc.

Status : Not Prohibited
- Drug :** Flurbiprofen

Brand : ADOFEED PAP 40mg

Available product(s) in Indonesia: None

Suggestion(s): Adofeed PAP (Kaken Pharmaceutical)

Available form : 40mg/sheet (10cm×14cm)

Indication : Analgesics, anti-itchings, astringents, anti-inflammatory agents (NSAIDs)

Dosage : apply to the affected area twice a day.

Side Effects : itch, redness, rash, etc.

Status : Not Prohibited
- Drug :** Loxoprofen Sodium Hydrate

Brand : LOXONIN PAP 100mg

Available product(s) in Indonesia: None

Suggestion(s): Loxonin PAP (Daiichi Sankyo)

Available form : 100mg/sheet (10cm×14cm)

Indication : Analgesics, anti-itchings, astringents, anti-inflammatory agents (NSAIDs)

Dosage : apply to the affected area once daily.

Side Effects : itch, erythema, contact dermatitis, gastric discomfort, etc.

Status : Not Prohibited

- **Drug :** Teprenone

Brand : SELBEX CAPSULES 50mg

Available product(s) in Indonesia: Purubex (PT Eisai)

Available form : 50mg/C

Indication : Peptic ulcer agents

Dosage : take 1 capsule (50 mg) at a time, 3 times daily.

Side Effects : rash, itching, constipation, diarrhea, thirst, abdominal pain, feeling of enlarged abdomen, headache, etc.

Status : Not Prohibited

- **Drug :** Famotidine

Brand : GASTER TABLETS 20mg

Available product(s) in Indonesia: Famocid FC 20mg (PT Sanbe Farma), Corocyd (PT Coronet Crown), Renapepsa (PT Fahrenheit)

Available form : 20mg/T

Indication : Peptic ulcer agents (H2 blocker)

Dosage :

- gastric ulcer, duodenal ulcer, anastomotic ulcer, upper gastrointestinal hemorrhage, reflux esophagitis, Zollinger-Ellison syndrome: take 1 - 2 tablets (20 - 40mg) , once daily.
- gastric mucosal lesions associated with acute gastritis and acute exacerbation of chronic gastritis: take 1/2 – 1 tablet (10 - 20mg) , once daily.

Side Effects : palpitation, rash/eruption, urticaria, facial oedema, constipation, irregular menstruation, gynaecomastia, etc.

Status : Not Prohibited

- **Drug :** Antibiotics-Resistant Lactic Acid Bacteriae

Brand : BIOFERMIN-R TABLETS

Available product(s) in Indonesia: None

Suggestion(s): Bioermin-R (Biofermin Pharmaceuticals)

Available form : 6mg/T

Indication : Antidiarrheals, intestinal regulators

Dosage : take 1 tablet at a time, 3 times a day.

Status : Not Prohibited

- **Drug :** Scopolamine Butylbromide

Brand : BUSCOPAN TABLETS 10mg

Available product(s) in Indonesia: Hyscopan (PT Armoxindo Farma), Scopma (PT Ifars Farma), Scopamin (PT Abboott Products)

Available form : 10mg/T

Indication : Antispasmodics

Dosage : take 1 - 2 tablets (10-20mg) at a time, 3 - 5 times daily.

Side Effects : thirst/dry mouth, constipation, optical accommodation disorder, heart pounding, flatulence (abdominal distension), rash, etc.

Status : Not Prohibited

- **Drug :** Loperamide Hydrochloride

Brand : LOPEMIN CAPSULES 1mg

Available product(s) in Indonesia: Loperamid-Generik (PT Ifars Farma), Diadium (PT Lapi), Imodium (Johnson & Johnson)

Available form : 1mg/C

Indication : Antidiarrheals, intestinal regulators

Dosage : take 1 - 2 tablets (1-2 mg) daily, in 1 to 2 divided doses.

Side Effects : rash, hives, itch, angioedema (swelling in mouth, tongue or throat), abdominal bloating, abdominal discomfort, nausea, abdominal pain, etc.

Status : Not Prohibited

- **Drug :** Bisacodyl

Brand : TELEMINSOFT SUPPOSITORIES 10mg

Available product(s) in Indonesia: Bisakodil-Generik (PT Etercon farma), Dulcolax (PT Boehringer Ingelheim), Stolonax (PT Sanbe Farma)

Available form : 10mg/suppo

Indication : Purgatives, clysters

Dosage : insert 1 suppository (10mg) at a time, 1-2 suppository (10-20mg) a day.

Side Effects : irritating sensation, lower abdominal pain, discomfort, shock, etc.

Status : Not Prohibited

- **Drug** : Domperidone

Brand : NAUZELIN TABLETS 10mg

Available product(s) in Indonesia: Domperidon-Generik (PT Dexa Medica), Motilium (Johnson & Johnson)

Available form : 10mg/T

Indication : Miscellaneous

Dosage : take 1 tablet (10 mg) at a time, 3 times daily.

- take levodopa product: take 1/2 - 1 tablets (5-10 mg) at a time, 3 times daily.

Side Effects : diarrhea, constipation, heartburn, nausea, vomiting, lactation and gynecomastia, diarrhea, extrapyramidal disorder, etc.

Status : Not Prohibited

- **Drug** : Diphenhydramine Salicylate, Diprophylline

Brand : TRAVELMIN COMBINATION TABLETS

Available product(s) in Indonesia: Ikadryl (PT Ikapharmindo), Allerin (PT Darya-Varia), Borraginol-N (Takeda)

Available form : Diphenhydramine Salicylate 40mg+ Diprophylline 26mg/T

Indication : Vertigo agents

Dosage: take 1 tablet at a time, 3 to 4 times a day.

Side Effects : rash, palpitations, sleepiness, malaise, heaviness of the head, dry mouth, etc.

Status : Not Prohibited

- **Drug** : Salicylamide, Acetaminophen, Anhydrous Caffeine, Promethazine Methylendisalicylate

Brand : PL COMBINATION GRANULES

Available product(s) in Indonesia: None

Suggestion(s): PL Combination Granules (Shionogi Pharmaceuticals)

Available form : 1g/pack

Indication : Common cold drugs

Dosage: take 1g at a time, 4 times daily.

Side Effects : sleepiness, thirst, gastrointestinal disorder, hyperventilation, rash, etc.

Status : Not Prohibited

- **Drug :** Oseltamivir Phosphate

Brand : TAMIFLU CAPSULE 75mg

Available product(s) in Indonesia: Tamiflu/Oseltamivir (Indopharma)

Available form : 75mg/C

Indication : Antivirals

Dosage :

- for treatment : ≥ 37.5 kg body weight, take 1 capsule (75mg) at a time, twice a day, for 5 consecutive days.
- for prevention : ≥ 37.5 kg body weight , take 1 capsule (75mg) at a time, once a day, for 7-10 consecutive days.

Side Effects : abdominal pain, diarrhea, nausea, vomiting, hypothermia, rash, shock, anaphylaxis, etc.

Status : Not Prohibited

- **Drug :** Laninamivir Octanoate Hydrate

Brand : INAVIR DRY POWDER INHALER 20mg

Available product(s) in Indonesia: None

Suggestion(s): Inavir Dry Powder Inhaler (Daiichi Sankyo)

Available form : 20mg/pack

Indication : Antivirals

Dosage :

- for treatment : ≥ 10 years, inhale 2 packs (40mg) once a day. <10 years, inhale 1 pack (20mg) once a day.

- for prevention : ≥ 10 years, inhale 1 pack (20mg) once a day, for 2 consecutive days.

Side Effects : diarrhea, nausea, gastroenteritis, hives, dizziness, fever, etc.

Status : Not Prohibited

- **Drug** : Zanamivir Hydrate

Brand : RELENZA

Available product(s) in Indonesia: None

Suggestion(s): Relenza (GSK Pharmaceuticals)

Available form : 5mg/blister

Indication : Antivirals

Dosage :

- for treatment : for adults and children, inhale 2 blisters (10 mg) at a time, twice a day, for 5 days.
- for prevention : for adults and children, inhale 2 blisters (10 mg) at a time, once a day, for 10 days.

Side Effects : diarrhea, rash, nausea, vomiting, smell disorder, etc.

Status : Not Prohibited

- **Drug** : Olopatadine Hydrochloride

Brand : ALLELOCK TABLETS 5mg

Available product(s) in Indonesia: None

Suggestion(s): Allelock, Pataday, Patenol

Available form : 5mg/T

Indication : Miscellaneous (Antiallergics)

Dosage :

- for adults : take 1 tablet (5 mg) at a time, twice daily.
- for children 7 years old or over : take 1 tablet (5 mg) at a time, twice daily.

Side Effects : sleepiness, malaise, dry mouth, hypersensitivity (rash, edema, itch, breathing difficulty), etc.

Status : Not Prohibited

- Drug :** Dimemorfan Phosphate

Brand : ASTOMIN TABLETS 10mg

Available product(s) in Indonesia: None

Suggestion(s): Astomin (Astellas), Dastosin (Astellas)

Available form : 10mg/T

Indication : Antitussives

Dosage : take 1 - 2 tablets (10 - 20 mg) at a time, 3 times daily.

Side Effects : rash, dizziness, sleepiness, headache/heaviness of the head, dry mouth, loss of appetite, nausea, vomiting, diarrhoea, etc.

Status : Not Prohibited
- Drug :** Benproperine Phosphate

Brand : FLAVERIC TABLETS 20mg

Available product(s) in Indonesia: None

Suggestion(s): Cofrel, Falveric (Pfizer), Norcol (Sou Chan)

Available form : 20mg/T

Indication : Antitussives

Dosage : take 1 tablet (20mg) at a time, 3 times a day.

Side Effects : dry mouth, drowsiness, abdominal pain, rash, etc.

Status : Not Prohibited
- Drug :** Salbutamol Sulfate

Brand : SULTANOL INHALER 100 μg

Available product(s) in Indonesia: Dipsamol/Salbutamol-Generik (PT Dipa Pharmalab)

Available form : 13.5mL/bombe (200 puffs)

Indication : Bronchodilators

Dosage :

 - for adults : 2 inhalations (200 μg) at a time. Maximum 4 times (8 puffs) in a day.
 - for children : 1 inhalation (100 μg) at a time. Maximum 4 times (4 puffs) in a day.

Side Effects : cardiac palpitation, headache, tremor in the limbs, itch, rash, etc.

Status : In Competition: Conditional (Beta-2 Agonists (S3))

Out of Competition: Conditional (Beta-2 Agonists (S3))

* Salbutamol is not prohibited up to a maximum of 1600 micrograms over 24 hours. This threshold is not valid in the presence of diuretics. If you are using a diuretic you must have a Therapeutic Use Exemption to use both the diuretic and salbutamol.

- **Drug** : Pentoxifyverine Citrate

Brand : TOCLASE SPANSULE CAPSULES 30mg

Available product(s) in Indonesia: None

Suggestion(s): Silotoc (Boehringer), Vicks (P&G)

Available form : 30mg/C

Indication : Antitussives

Dosage : take 2 - 4 capsules (60 - 120 mg), 2 - 3 times a day.

Side Effects : loss of appetite, constipation, rash, etc.

Status : Not Prohibited

- **Drug** : Zolpidem Tartrate

Brand : MYSLEE TABLETS 5mg

Available product(s) in Indonesia: None

Suggestion(s): AMbien, Zolpimist, Edluar

Available form : 5mg/T

Indication : Hypnotics and sedatives, anxiolytics (Sleeping pills)

Dosage : take 1 - 2 tablets (5 - 10mg) at a time.

Side Effects : rash, itch, light-headed feeling, sleepiness, headache, malaise, feeling of residual sleepiness, nausea, etc.

Status : Not Prohibited

- **Drug** : Sodium Sulfamethoxazole, Dipotassium Glycyrrhizinate, Chondroitin Sulfate Sodium, Taurine

Brand : ANTIMICROBIAL IRIS ALPHA DISPOSABLE (For styte or conjunctivitis)

Available product(s) in Indonesia: None

Suggestion(s): Antimicrobial Iris Alpha Disposable (Sansei B)

Available form : 0.4mL/kit

Indication : Ophthalmic agents (Sulfa Antibiotics)

Dosage : apply 2 - 3 drops at a time, 3 - 6 times a day.

Side Effects : rash, reddening, itching, swollen eyelids, bloodshot eyes, etc.

Status : Not Prohibited

- **Drug :** Ofloxacin

Brand : TARIVID OPHTHALMIC SOLUTION 0.3%

Available product(s) in Indonesia: Ximex Koniflox (PT Konimex)

Available form : 5mL/bottle

Indication : Ophthalmic agents (Quinolones)

Dosage : apply 1 drop at a time, 3 times a day.

Side Effects : stinging/itchy eyes, swollen eyelids, blepharitis (erosion of eyelids), bloodshot eyes, eye pain, etc.

Status : Not Prohibited

- **Drug :** Flavin Adenine Dinucleotide Sodium

Brand : FLAVITAN EYE DROPS 0.05%

Available product(s) in Indonesia: None

Suggestion(s): Flavitan Eye Drops (Astellas)

Available form : 5mL/bottle

Indication : Ophthalmic agents

Dosage : apply 1 - 2 drops at a time, 3 - 6 times a day.

Side Effects : rash, itching, eye irritation, etc.

Status : Not Prohibited

- **Drug :** Povidone-Iodine

Brand : ISODINE GARGLE SOLUTION 7%

Available product(s) in Indonesia: Betadine Mouth Wash (PT Mahakam Beta Farma), Forinfec (PT Lapi), Scansepta (PT Tempo Scan Pacific)

Available form : 30mL/bottle

Indication : Gargles

Dosage : dilute the medicine with 15 - 30 times amount of water (in the proportion of 2-4 mL of the medicine to approx. 60 mL of water) every time you use, and gargle several times daily.

Side Effects : nausea, oral irritation, rash, etc.

Status : Not Prohibited

- **Drug :** Sodium Gualenate Hydrate, Sodium Bicarbonate

Brand : HACHIAZULE GARGLE

Available product(s) in Indonesia: None

Suggestion(s): Hachiazule Gargle (Toyo Seiyaku Kasei)

Available form: Sodium Gualenate Hydrate 2mg/2g/pack

Indication : Gargles

Dosage: dissolve 1 pack (2g) in an adequate amount of water or warm water (approx. 100 mL) at a time, several times a day.

Side Effects : oral roughness, oral/throat irritation, etc.

Status : Not Prohibited

- **Drug :** Killed Escherichia Coli Suspension, Hydrocortisone

Brand : POSTERISAN FORTE (OINTMENT)

Available product(s) in Indonesia: None

Suggestion(s): Posterisan F (Maruho)

Available form : 2g/tube

Indication : Hemorrhoidal preparations

Dosage : appropriate to/into the affected area, 1 to 3 times daily.

Side Effects : itchiness, defecation desire, local discomfort, etc.

Status : In Competition : Rectal Prohibited (Glucocorticoids (S9))

In Competition : Topical (Dermatological) Not prohibited

Out of Competition: Not prohibited

- Drug :** Dequalinium Chloride

Brand : SP TROCHES 0.25mg “MEIJI”

Available product(s) in Indonesia: Degirol (PT Darya Varia), SP Troches (PT Meiji), Fluomizin (PT Exeltis)

Available form : 0.25mg/T

Indication : Miscellaneous

Dosage : gradually dissolve 1 tablet (0.25 mg) on the tongue at a time, six times daily.

Side Effects : hypersensitivity symptom, etc.

Status : Not Prohibited
- Drug :** Gentamicin Sulfate

Brand : GENTACIN OINTMENT 0.1%

Available product(s) in Indonesia: Gentamisin Salep-Generik (PT Erela), Bioderm (PT Gallenium farma), Ikagen (PT Ikapharmindo), Sagestam (PT Sanbe Farma)

Available form: 10g/tube

Indication : Suppurative dermatosis agents

Dosage : apply on the affected area, once to several times daily.

Side Effects : rash, itch, redness, swelling, papula, blisters, etc.

Status : Not Prohibited
- Drug :** Nadifloxacin

Brand : ACUATIM LOTION 1%

Available product(s) in Indonesia: None

Suggestion(s): Acuatim (Otsuka Pharmaceuticals)

Available form : 20mL/bottle

Indication : Suppurative dermatosis agents (Quinolones)

Dosage : apply to the affected areas twice daily.

Side Effects : irritation at the time of application, itching, redness, flushing, papules, hot feeling in the face, contact dermatitis, dry skin, hot flush, etc.

Status : Not Prohibited

- Drug :** Diclofenac Sodium

Brand : VOLTAREN GEL 1%

Available product(s) in Indonesia: Voltaren Emulgel 1% (PT Novartis)

Available form : 25g/tube

Indication : Analgesics, anti-itchings, astringents, anti-inflammatory agents (NSAIDs)

Dosage : apply to the affected area in a thin layer evenly, 3 - 4 times a day.

Side Effects: dermatitis (rash, erosion), itch, redness, skin rough, skin irritation, etc.

Status : Not Prohibited
- Drug :** Betamethasone Valerate, Gentamicin Sulfate

Brand : RINDERON-VG OINTMENT 0.12%

Available product(s) in Indonesia: None

Suggestion(s): Rinderon VG (Shionogi Co.)

Available form : 5g/tube

Indication : Analgesics, anti-itchings, astringents, anti-inflammatory agents

Dosage : apply to affected parts, once to several times a day.

Side Effects : skin stimulation, flushing, dermatitis, rash, contact dermatitis, skin infections, etc.

Status : Not Prohibited (dermatological)
- Drug :** Terbinafine Hydrochloride

Brand : LAMISIL CREAM 1%

Available product(s) in Indonesia: Lamisil Cream (PT Novartis)

Available form : 10g/tube

Indication : Antiparasitic dermatosis agents

Dosage : apply to the affected area once a day.

Side Effects : local contact dermatitis (erosion in skin), itchy feeling, redness, erythema, irritated sensation, scale (scurfy flaking of skin), desquamation (flaking of skin) , skin fissure, etc.

Status : Not Prohibited

- **Drug :** Salicylic Acid

Brand : SPEELKO M

Available product(s) in Indonesia: None

Suggestion(s): Speelko (Nichiban Co. Ltd.)

Available form : 25cm²/piece

Indication : Emollients

Dosage : cut into the appropriate size to use, repapered every 2-5 days.

Side Effects : stimulating feeling, redness, irritation, etc.

Status : Not Prohibited



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